



B C C S

Brandywine Counseling & Community Services

Programs & Services Directory

Change is good.

Table of Contents

Program Name	Page #
HIV & Hepatitis C Testing <i>by Program</i>	3
ALPHA	4
Anger Management	4
CCHS Community Program Infectious Disease Clinic	4
Community Outreach and Prevention Education (COPE)	5
COPE/SSP Expansion	5
Adult Reentry Program	5
Adolescent Reentry Program	6
Delaware Overdose Survival Education (DOSE)	6
DFS Liaisons	7
DUI Early Intervention	7
Drop-In Center & Women’s Resource Center	8
Drug Diversion (Superior Court & Court of Common Pleas)	8
HIV-CBI Prevention	9
IMPACT	9
Lancaster	9
Milford	10
Newark	10
Peer Support Specialist	10
Perinatal Program	11
Prevention Department: AOD	11
Prevention Department: FASD	12
Probation and Parole	12
Project Engage	13
REACH	13
RISE	14
Syringe Services Program (SSP)	14
TCE-TAC	15

HIV and Hepatitis C Testing by Program		
Program	Test	
	HIV	Hep C
ALPHA	No	No
Anger Management	No	No
Christiana Care Community Program	No	No
COPE	Yes	Yes
DOSE	No	No
DFS Liaisons	No	No
DUI Early Intervention	No	No
Drop-In Center	Yes	Yes
Women's Resource Center	Yes	Yes
Drug Diversion	No	No
Milford	No	No
HIV-CBI Prevention	Yes	Yes
IMPACT	Yes	Yes
Lancaster	No	No
Newark	No	No
Prevention (FASD)	No	No
Probation and Parole	No	No
Project Engage	No	No
REACH	Yes	Yes
RISE	No	No
Syringe Services Program	Yes	Yes

ALPHA

Population: 18 years and older

Criteria for Enrollment: Please bring photo ID, Insurance Card, and proof of income or state assistance to Intake.

Location of Services: 2500 West 4th Street, Wilmington DE 19805

Hours: Monday- Thursday 7am- 8pm; Friday 7am-3pm

Outpatient Co-Occurring Mental Health and Substance Use Disorders. Group and Individual Counseling. Mental Health Evaluations.

Anger Management

Population: 18 years and older; Adults needing anger management course

Criteria for Enrollment: Cost of the class is \$150. The class needs to have 2 people to proceed. Please confirm with Meredith Sullivan the Thursday morning prior to class to confirm client's attendance. Class attendees cannot attend the class the morning of without prior approval from the facilitator.

Location of Services: William J. Harrison III Building, 2713 Lancaster Ave, Wilmington, DE 19805

Hours: Classes are offered the 1st Friday of the month, except for April and July, when it is offered the 2nd Friday of the month. The class runs from 8:00am- 2:00pm (classes allow for breaks).

This class is designed as a small group with a relaxed setting. The first part of the class focuses on anger triggers and what makes individuals angry. The second part of the class addresses how to react to anger and provides new skills to help individuals deal with their anger. Clients are given an informational packet to take home, allowing them to reference the material that they learned in the class. Contact us if you need a class offering in Spanish.

Christiana Care Community Program | Infectious Disease Clinic

Population: Adults age 18 years and older

Criteria for Enrollment: At risk for or currently infected with HIV and/or Hepatitis C

Location of Services: Based out of Lancaster Site and Wilmington Hospital Annex

Hours: Varies

A combination of medication delivery and symptom-monitoring care, the clinic provides comprehensive, readily available, high-quality medical services designed to achieve healthy outcomes. In partnership with Christiana Care Health System, the clinic also provides primary medical care to HIV positive customers, preventive primary medical care to those at risk of HIV, but not HIV positive, HCV evaluation and treatment, and prevention counseling.

Community Outreach and Prevention Education (COPE)

Population: Adults 18 years and older

Criteria for Enrollment: For case-managed clients, must be at-risk for substance abuse and mental health concerns. Mobile health screenings are open to all adults 18 years and over at no cost.

Location of Services: Statewide

Hours: Monday-Thursday 6am-4pm, Friday 6am-Noon

COPE is a mobile medical outreach unit offering free health screenings including: HIV and HCV testing, blood pressure, cholesterol, blood sugar, BMI evaluation, TB screening, vision screening, and pregnancy testing. COPE can also assist with referrals to dental and vision providers and provide medical case management.

COPE Expansion Syringe Services Program (SSP)

Population: High risk injection drug users.

Location of Services: Lancaster

Hours: Monday 10am-12pm and 3pm-5pm; Tuesday 10am-12pm, 2pm-4pm; Wednesday 12pm-2pm, 3pm-5pm; Thursday 1pm-3pm, 6pm-8pm and Friday 10am-12pm, 1pm-3pm

This program will enhance our existing Syringe Services Program through the use of an outreach worker who will refer and link injection drug users to existing integrated care program in the state of Delaware. The primary goal of the program is to establish and/or enhance partnership with SSPs and by linking these two programs, comprehensive and culturally competent services can be delivered which will link substance use treatment, mental health treatment, and prevention and education services. The program components will include: Risk reduction materials and information, education, overdose prevention education and resources, counseling, testing, and linkage to appropriate medical care. Testing will include HIV and HCV.

Adolescent Reentry Program

Population: 13-17 year old offenders

Criteria for Enrollment: Youth who have been sentenced to and are completing their sentence while preparing to be released from a juvenile justice facility within 30 days.

Location of Services: Community-based, Alpha

Hours: Varies

The CJC Adolescent Program will begin weekly 30 days prior to the release of the individual from the facility to create a treatment plan prior to re-entry. The Re-entry Specialist (RS) will use **Project BUILD** as our template and will provide a re-entry curriculum and follow-up case management to ensure youth enrolls in school and engage in constructive activities to reduce recidivism.

Adult Reentry Program

Population: Adults 18 and older completing their sentence

Criteria for Enrollment: Offenders who have been sentence to and are completing their sentence while preparing to be released from a justice facility in Sussex County within 30 days of contact with substance abuse, or with co-occurring mental health disorders (CODs), recurrent trauma experiences, and/or who have experienced multiple incarcerations.

Location of Services: Community based + Milford

Hours: Varies

The CJC Adult Program will begin 30 days prior to the release of the individual from the facility to create a treatment plan prior to re-entry. The Re-Entry Specialist (RS) will begin weekly contact with the individual starting 30 days prior to their release from the facility. The re-entry Specialist will provide a re-entry curriculum and follow-up case management once released.

Delaware Overdose Survival Education (DOSE)

Population: No restrictions

Criteria for Enrollment: None

Location of Services: Statewide

Hours: Daytime, evenings, and weekends as scheduled

Through collaboration with Brandywine Counseling and Community Services, the Delaware Division of Public Health, and the Delaware Division of Substance Abuse and Mental Health, BCCS offers Opiate Overdose Prevention Training through the Delaware Overdose Survival Education (DOSE) Program. The goal of the DOSE Program is to train individuals on how to identify and respond to an opiate overdose. The training also offers individuals the opportunity to receive the opiate antidote Naloxone at the conclusion of the training. The DOSE Program is offered at multiple times and locations throughout the State annually.

No prior medical experience is necessary to participate in the training. All trainees will receive a certificate of completion. Anyone can attend but depending on location, seating can be limited so come early. For more information on the DOSE Program, please contact Melissa Aronson, DOSE Training Coordinator at (302) 504-5920 or via email at maronson@bradnywinecounseling.org. In addition a schedule can be found on the DOSE Facebook page at: www.facebook.com/bccsoverdosepreventionproject

DFS Liaisons (New Castle County & Sussex County)

Criteria for Enrollment: Must have open case with DFS, Referral from DFS caseworker

DFS Liaisons are located within the Division of Family Services offices to assist parents who have both open cases and substance abuse problems. DFS Liaisons are referred to cases by DFS workers, with the purpose of helping parents meet their goals and safely keep their children. DFS Liaisons attend court to offer updates on the progress of parents who have been engaged with Brandywine Counseling, as well as train DFS workers on the effects of alcohol and drugs on families. Frequently, liaisons attend family meetings to come up with a plan that will hopefully allow the parents to successfully access substance use treatment as well as parent their children. Additionally, liaisons are available to answer questions from BCCS clinical staff about DFS cases, questions from DFS workers about individual client progress and the treatment process, and questions from DFS-involved BCCS clients.

DUI Early Intervention

Population: Adults 18 years and older

Criteria for Enrollment: Court ordered by the Court of Common Pleas

Location of Services: 2500 W. 4th Street, 2nd Floor, Wilmington, DE 19805

Hours: Mon-Thurs 7am-8pm; Friday 7am-3pm

First time offenders with a high BAC level or a second offender (per statute) that meet DUI Treatment Court entry requirements, may choose to participate in this program in order to resolve a DUI charge that may otherwise result in a Level 5 conviction. A client graduates from the program after meeting all required treatment criteria, including attendance and participation in individual and group counseling sessions, completion of Prime for Life, consecutive negative urinalysis reports, and avoidance of all criminal activity and complete Probation and Parole/Court requirements.

Drop-In Center & Women's Resource Center

Population: Open

Criteria for Enrollment: See description and schedule below.

Location of Services: Lancaster Site: 2713 Lancaster Avenue, Wilmington, DE 19805

Hours: See <http://www.brandywinecounseling.org>

Drop-In Center: The Drop-In Center provides a safe place for Wilmington's homeless population to go to sit down and have coffee, a space to accommodate families including children, access to two full bathrooms with showers, computer access for job searching and training, a clothes closet that offers a selection of donated items for adults and children, a food bank that is available for emergency needs, screening rooms for HIV, HCV, and pregnancy testing, and space for group sessions.

Women's Resource Center: WRC is an expansion of Drop-In Center Services to provide a safe place for women and their families. The BCCS WRC will be an expansion of BCCS's Women in Support of Health (WISH) initiative, which is funded through a generous grant from the Office of Women's Health.

The goal of the WRC is to provide resources to help women develop the life skills they need, as well as gain the confidence and skills to be supported and successful in their recovery.

The BCCS WRC provides comprehensive services to women often affected by the physical, emotional, financial, and legal impacts of domestic violence, sex work, and other socio-economic challenges. The WRC will offer therapeutic case management services, care coordination, linkage to needed services, court advocacy, resume writing, and employment workshops, parenting and youth prevention education, and more. In addition, women will be able to receive HIV and Hepatitis risk screening, counseling, and testing.

Drug Diversion (Superior Court & Court of Common Pleas)

Population: 18 and over

Criteria for Enrollment: Court ordered by Superior Court or Court of Common Pleas

Location of Services: 2500 W. 4th Street, Second Floor, Wilmington, DE 19805

Hours: Mon-Tue-Thu 7a-8p, Wed and Fri 7a-3p

First time offenders may choose to participate in this program in order to resolve a drug charge that may otherwise result in a conviction, loss of driver's license, and a sentence or probation. A client graduates from the program after meeting all required criteria, including attendance and participation, completion of goals, consecutive negative urinalysis reports, and avoidance of all criminal activity.

HIV-CBI Prevention

Population: Ages 13 to 24 years

Criteria for Enrollment: See program description below

Location of Services: Statewide

Hours: Days, evenings, and weekends as scheduled

HIV-CBI is a comprehensive prevention campaign which offers peer-delivered education, awareness, and prevention programming aimed at reducing the risk of substance use and abuse, HIV and Hepatitis, as well as adverse social behaviors among at-risk racial/ethnic minority, youth and young adults aged 13 to 24 residing in Delaware. This program will enable trust, positive communication, and empowerment through prevention messaging and will train change leaders and youth and young adult ambassadors to deliver this intervention in identified schools supported by a BCCS Prevention Specialist, and a BCCS Community Mobilizer. The program will strive to build and earn trust among distressed community members by assisting them in accessing prevention education, risk reduction information and materials, HIV and Hepatitis education and testing, and counseling.

IMPACT (Individuals Matter: People Accessing Care and Treatment)

Population: 18 and up, Minorities, MSM

Criteria for Enrollment: See program description below.

Location of Services: Based out of Lancaster Avenue, but services available statewide

Hours: 5am-12pm. Also available evenings and weekends as needed.

IMPACT is an integrated intervention program, targeting minority substance abusing 1) Adult heterosexual women and men, MSM who are at risk for, or infected with, HIV and/or Viral Hepatitis and may also be challenged by co-occurring disorders; combined substance use and mental health disorders. IMPACT will place special emphasis on reaching and treating people of color who are disproportionately affected by HIV/AIDS and Viral hepatitis in Delaware to reduce the impact of behavioral health problems.

Lancaster Avenue

Population: Adults 18 and over with mental health and/or substance abuse issues

Location of Services: 2713 Lancaster Ave, Wilmington, DE 19805

Hours: Monday, Wednesday-Friday 5am to 1pm, Tuesday 5am-6pm

BCCS's Lancaster location offers both mental health services and medication program assisted treatment services for substance abuse that promote healthy lifestyles for our clients, their families, and the community by utilizing a variety of client-centered approaches.

These services provide a higher level of care that helps customers set and work toward their goals for recovery. They attend group therapy for three hours, three days a week, and also have increased individual counseling. BCCS staff selects appropriate candidates for the program based on consistent attendance, effort in previous treatment programs, medical approval, and compliance with other agency requirements.

Milford

Population: Adults 18 and over with mental health and/or substance abuse issues

Location of Services: 769 E Masten Circle Suite 113, Milford, DE 19963

Hours: Mon-Fri 8a-4p

BCCS's Milford location provides treatment and behavioral health outpatient services. Milford offers our customers individual counseling for substance abuse and co-occurring disorders, and our LCSW provides psychological evaluations of all of our clients. Milford groups consist of: Substance Abuse and MH Education, Co-occurring Disorders, Relapse Prevention, Women's Group and Men's Group.

Newark

Population: Adults 18 and over with mental health/substance abuse issues

Criteria for Enrollment: Referral/transfer from Lancaster or other BCCS program

Location of Services: 24 Brookhill Drive, Newark, DE 19702

Hours: Monday, Tues, Thurs and Friday 5am-2pm; Weds 5am-6pm, Sat & Sun 6am-9am (dispensing only)

BCCS's Newark location offers both mental health services and medication program assisted treatment services for substance abuse that promote healthy lifestyles for our clients, their families, and the community by utilizing a variety of client-centered approaches.

These services provide a higher level of care that helps customers set and work toward their goals for recovery. They attend group therapy for three hours, three days a week, and also have increased individual counseling. BCCS staff selects appropriate candidates for the program based on consistent attendance, effort in previous treatment programs, medical approval, and compliance with other agency requirements.

Peer Support Specialist Program

Population: All individuals

Criteria for Enrollment:

Location of Services: Lancaster-Drop In

Hours: Monday through Friday, regular business hours

The Peer Support Specialist Program is beneficiary-centered services with a rehabilitation and recovery focus designed to promote skills for coping with and managing psychiatric symptoms by working with a Peer Specialist who can understand these symptoms through their own personal experiences and assist in developing positive coping skills.

Perinatal Program

Population: Women of child bearing age and their significant other.

Criteria for Enrollment: Women bearing a child and/or currently caring for one

Location of Services: Lancaster

Hours: Regular business hours and evening hours at least one day per week

The perinatal program will provide pregnant and parenting women specialized case management as an extension to behavioral health services. Counselors, case managers, social worker/family therapist help prepare parents (via a strength-based model) for healthy deliveries and successful parenting. Clients are linked to a range of services and health care facilities. This intensive women-centered case management encourages positive prenatal health behaviors and provides guidance on maintaining a healthy pregnancy, healthy children, and a healthy self.

The perinatal program will also work with pregnant women to reduce the incidence of Neonatal Abstinence Syndrome (NAS) by reducing the number of subsequent pregnancies. Client and case manager will work with the Division of Public Health (DPH) by linking pregnant women, and when appropriate, their significant other, to initiatives for pregnant women, women and children and parents. These include the Healthy Women, Healthy Baby and Smart Start Home Visiting programs. Both programs offer valuable information on improving parenting skills and healthy choices during pregnancy. Perinatal will work closely with DPH to refer and support the participation of pregnant women in activities that focus on and support family planning options with emphasis on contraception and the use of contraceptive implants and Inter-Uterine Devices (IUDs).

Prevention Department – Alcohol and Other Drug (AOD)

Population: 18-25 years

Criteria for Enrollment: N/A

Location of Services: Statewide

Hours: Available days, evenings, and weekends as scheduled

AOD's goal is to raise Prevention awareness by addressing substance abuse including alcohol, marijuana, opiate and heroin risk through peer to peer interactions, social media messaging, prevention education and public service announcements. AOD also hosts prevention themed pop-up Dry Bars in the community and monthly prevention events. The program aims to provide drug and alcohol free events and activities in the community and deliver prevention education Statewide.

Prevention Department – FASD (Fetal Alcohol Spectrum Disorders) Prevention Education Program

Population: 18 years and older

Criteria for Enrollment: N/A

Location of Services: Statewide

Hours: Available days, evenings, and weekends as scheduled

The BCCS Prevention Department offers Fetal Alcohol Spectrum Disorder Presentations that are tailored adults aged 18 years and older which raises awareness and knowledge of the nature and extent of alcohol, tobacco and drug use, abuse and addiction, and their effects on individuals, families, and communities. This program utilizes information dissemination in a two-way communication style and is distinguished from other information dissemination strategies by the fact that interaction between the educator/facilitator and the participants is the basis of its activities. FASD aims to enhance the ability of the community to more effectively provide prevention and treatment services for alcohol, tobacco, and drug abuse disorders.

Probation and Parole – New Castle, Kent, & Sussex Counties

Population: 18 years and older

Criteria for Enrollment: Court Ordered

Location of Services: Offices in each county

New Castle County

Cherry Lane Probation and Parole
314 Cherry Lane
New Castle, DE 19720
Hours: Mon & Tue 8a-6p
Wed and Thu 8a-5p Fri 8a-12p

Hare's Corner
26 Parkway Circle
New Castle, DE 19720
Hours: Mon 8a-3:30p, Tue & Wed 8a-6p
Thu 8a-4p, Fri 8a-12p

Kent County

Dover Probation and Parole
511 Maple Parkway
Dover, DE 19901
Hours: Mon-Thu 8a-6p Fri 8a-12p (limited reporting)

Sussex County

Georgetown Probation and Parole
22855 Dupont Blvd
Georgetown, DE 19947
Hours: Mon – Thur 8am-4:30pm
Friday 8am-4pm
Office open to offenders 8am-4pm

BCCS assessors provide services to individuals referred through Delaware Probation and Parole at several locations statewide. Our ASI approved assessors administer the Addiction Severity Index and the ASAM Client Placement Criteria to determine the appropriate level of care. A referral is made to the appropriate treatment program and the client is assisted in entering the recommended level of care. Weekly drug education groups take place using an evidenced based curriculum.

Project Engage

Population: Emergency Department and Inpatient units of Wilmington Hospital and Christiana Hospital

Criteria for Enrollment: Referred through hospital

Location of Services: Wilmington Hospital and Christiana Hospital

Project Engage is a program located at Wilmington Hospital in Wilmington and Christiana Hospital in Newark. The Project Engage Specialists (ES) are peers in recovery. This provides the opportunity for the Project Engage Specialist to connect with the patient. At Wilmington there is one inpatient ES and one in the Emergency Department (ED). At Christiana there are two ES inpatient and two ES in the ED. We also have a Community ES who helps patients transition from inpatient into the community. The other Project Engage program is the Mother and Child Program which works with opiate dependent pregnant women. Project Engage utilizes the SBIRT (Screening, Brief Intervention, and Referral to Treatment). Project Engage has two social workers (one at both hospitals) who assist with referral to treatment. Project Engage is open to patients at Christiana - either at the ED or inpatient.

REACH

Population: Adolescents (age 14 years and older) and Adults undergoing treatment services for substance abuse at licensed DSAMH facilities in Delaware.

Criteria for Enrollment: Individuals must be receiving substance abuse treatment services at a licensed DSAMH facility in Delaware.

Location of Services: HIV/AIDS prevention and early intervention services will be provided throughout the state, at New Castle, Kent, and Sussex licensed treatment centers.

Hours: Community Wellness advocates provide education, risk reduction materials, and testing Monday through Saturday. Day or evening groups and testing can be scheduled with BCCS to come to your site as needed.

Description of services: Services include educational sessions, counseling, testing, and referral services for individuals, as well as group delivered risk reduction counseling sessions.

RISE

Population: Youth ages 10-17 years

Criteria for Enrollment: Any adolescent seeking substance abuse and/or mental health services. Assessments are scheduled by appointment only.

Location of Services:

New Castle County
2500 W 4th St
Wilmington DE 19805

Kent & Sussex Counties
769 E Masten Circle, Suite 113
Milford, DE 19963

Hours: 24 hours a day 7 days a week for community services. Onsite services available beginning at 7am.

Project RISE is a comprehensive multi-intervention program that aims to improve the overall health and well-being of adolescents and their caregivers throughout the state of Delaware.

Syringe Services Program (SSP)

Population: Active injecting drug users 14 years or older

Criteria for Enrollment: Must reside in the city of Wilmington.

Location of Services and Hours: See <http://www.brandywinecounseling.org>

Delaware's Syringe Services Program (formerly the Syringe Exchange Program) facilitated by Brandywine Counseling & Community Services and funded by the Division of Public Health, helps prevent the spread of HIV/AIDS and provides community outreach for high-risk individuals. The program operates out of a mobile van that travels to several strategic locations throughout Wilmington.

Studies conducted worldwide have concluded that syringe exchange programs do not increase or encourage injection drug use. Conversely, these programs have been proven as an effective way to reduce the transmission of HIV/AIDS and Hepatitis.

The Syringe Services Program provides health and social services to injection drug users as well as the general community. Services include: HIV and Hepatitis C testing, referrals for drug treatment, safe sex kits, referrals to social services, flu shots, and more.

To Exchange Needles You Must:

- Turn in one used needle for each new needle (5 used ones for 5 new ones, 10 used ones for 10 new ones, etc.).
- Bring old/used needles in a plastic container (an empty soda bottle, clear if possible, sharps container or coffee will work).
- If you do not have a container, bundle 5 used needles together with a rubber band all facing the same way.

TCE-TAC (Targeted Capacity Expansion-Technology Assisted Care)

Population: Adults 18 and older with mental health, substance use or a co-occurring disorder.

Criteria for Enrollment: Individuals must participate in an outpatient program at BCCS and possess mental health, substance abuse, and/or a co-occurring disorder.

Location of Services: Alpha, Lancaster

Hours: Monday-Thursday 7am-8pm, Friday 7am-3pm

TCE-TAC is an enhancement of existing mental health, substance abuse, and co-occurring disorders outpatient treatment by incorporating the use of technology assisted care (TAC) through the use of ***myStrength***, an interactive and mobile web-based resource which acts as a clinician extender for managing substance use disorders as well mental health issues through a range of self-care applications and activities.

